

Hello everyone and thanks for reading our latest newsletter. Welcome to Winter! It's been a tough Autumn for the local community with the multiple flood events but hopefully we have some settled weather over the next few months. With the chill in the air it is time to plant those winter crops. As always, check out the Gardening Australia website for more info on what to plant.

It was great to see some new faces at the latest general meeting. Even better was that they joined up as members. So welcome to our new members to the Beachmere Community Garden family. We look forward to you getting involved. I would like to take this opportunity to also thank all the garden members for their continued hard work and dedication. I can assure you that the light is definitely getting bigger at the end of the tunnel!

After several months off due to COVID and clashes with other events, the BCGI garden stall is back on the first Saturday of each month. Come down and pick up a bargain, or just pop in for a chat and to see how the garden is progressing.

In regard to construction of the garden, the concrete designs have been approved by Council and are now in the tender process. A condition of the cultural heritage approvals was that a Kabi Kabi representative is to be on site for excavation works. This has led to Council asking that all excavations be done concurrently, requiring a major rescheduling of works. Things will be getting very busy on site soon so if you can help in any way to share the load, please let us know.

We have some great stories this issue, Darla has written an amazing article on a wonderful local garden. We continue our discussion on inclusion, this time talking about providing choices. And we visit another community garden in the beautiful town of Boonah. It is also currently National Reconciliation Week. We encourage

you to have a think about what reconciliation means and BCGI complies with all current how we can achieve it. This years theme is "Be brave, Old Health directives and requires make change". At BCGI, that's exactly what we plan to do. that members and others attending

Enjoy the read.

Indigenous food plants

People New members **Building Certifier**

Recycling Coordinator Your help with

Raising plants

Important dates

27th May-3rd June National Reconciliation Week

> 3rd June Mabo Day

4th June BCGI garden stall on site 8-11 am (see flier)

5th June **World Environment Day**

8th June **World Oceans Day**

11th June **Neighbour Day** Caboolture Baptist Church **Community Garden**

> 21st June Winter Solstice

26th June General Meetin 3 pm @ Community Hal Progress Rd, Beachmere

The BCGI garden stall will be starting again on the first Saturday of each month.

Sprend the word! June 4th

8 - 11am

Seedlings Bric a brac Plants Clothing Kitchenware Books Garden is located next to the water tower



BEACHMERE COMMUNITY GARDEN INC.

BCGI meetings or events comply

with these directives also.

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SYLVIA'S GARDEN - BY BCGI MEMBER DARLA

Life is not measured by the time we live. Some wise man once penned these words. We find means to remembering the past with diaries and photographs, but Sylvia has found her own way of keeping fond memories close to her heart, enjoying them every day in her colourful garden. A spot where she has grown cuttings from her departed sister's much loved garden, blooms with deep red pelargoniums. Nearby, a hoya climbs a tree... this is from a cutting in a house she lived in many years ago and flowers a deep pink. She has a white one too. White chrysanthemums from her parents' garden flower richly in various spots, highlighting the plants nearby. Bush orchids, geraniums, coleus, cacti, all grown from cuttings from friends and family over the years. Sylvia remembers each person and place. Her pride and joy are the gerberas... magnificent! Vibrant colours... these blooms absolutely reach out and drag you into their glowing hearts. I'm hoping to see the deep yellow one at some stage.

This is a garden full of surprises... and fun. Garry's sense of humour, and Sylvia's sense of mischief pop up in unexpected places, with flowers growing out of the most unlikely remnants of chairs, pots, pans, bits and pieces. Everything in this garden reflects the warmth, generosity, and just plain goodness of the gardeners. They know where they have been, and carry their memories with them, planting seeds gathered over time to share with others.

I love this garden. There are things to eat, humming birds to watch cooling off in the bird bath, gnomes and meerkats and plaster parrots perched on the fence, and buzzing bees. It satisfies all the senses, and its lovely spontaneity gladdens the heart. Thank you Sylvia and Garry, for sharing it.









GARDENING AUSTRALIA

Clarence meets with two trail blazing chefs, Aunty Beryl Van-Oplooto and Kylie Kwong to discuss how indigenous food can help us all on the path to reconciliation. National reconciliation week is from 27 May to 3rd June with this years theme:

'BE BRAVE, MAKE CHANGE'

Watch this and other great segments on the Gardening Australia website, ABC iview (Episode. 07, 2022) or 7:30pm Fridays on ABC



PLANTING UPDATE

The members have been busy potting up plants to sell at our monthly garden stall. Below are some of the plants we have raised, including some local bush tucker plants - Midyim berry (Austromyrtus dulcis) and Blue tongue (Melastoma affine) which grow well in our local area. A big thank you to everyone who attended. These will become a regular monthly event again now that things have settled down a bit.

Just a reminder for members to keep propagating plants for the community garden. Let us know if you need seedlings, potting mix or pots. A big thank you to Dracaena Farm Nursery and Bribie Community Nursery for donating pots to the garden.

BUNNINGS ENVIRUNMENT DAY DISPLAY Leigh (pictured) and the team down at

beign (pictured) and the learn down at Bunnings have made a terrific display promoting products that are good for the environment.

Leigh and Sue are both keen gardeners like ourselves and have been such big help to the garden, from walking us through the steps of holding a Bunnings sausage sizzle, to donating vouchers for us to purchase tables for our garden stall.

We can't wait to get the garden going and invite Leigh, Sue and the crew to have a look.





BECOME A MEMBER OF BEACHMERE COMMUNITY GARDEN INC.

Have you thought about becoming a member of Beachmere Community Garden? We now have a number of categories to offer, there's sure to be one to suit you! Memberships available are: Adult, Junior and Family

Adult membership options: Voting, Volunteer and Supporter member. Check out the website for more info on becoming a member

"I must have flowers always, always." Mone

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BOONAH COMMUNITY GARDEN INC.

A chance drive to Boonah recently resulted in meeting with the wonderful folk at the Boonah Community Garden. Operating for 6 years, the gardens showcase the "can do" attitude of the members, with an amazing fruit forest, herb/edible flower garden(with excess produce sold locally to help with costs) and accessible raised wicking beds all built in that time. More is being planned, so watch this space.

Recycling is a central theme of the garden, from the dome arbour made of bamboo and a satellite dish supporting a very productive loofa vine, to the worm farm hut which was donated by the Peregian Community Garden - what a great example of working together! Another central theme is community spirit and friendship, which was overflowing from the friendly members that were present on the day.

Thank you to Deb for the tour and all the members for their friendly welcome and words of encouragement. They have kindly provided a copy of their induction booklet for us to review and learn from. They have also put us in touch with the regional representatives of Community Gardens Australia, who will assist with the development of our garden moving forward. Thanks Boonah!









For more information: boonahcommunitygarden@gmail.com or visit their Facebook page

We continue our series of articles explaining the seven pillars of inclusion and how they are a practical tool to help us with our goal of making Beachmere Community Garden inclusive to the whole community. Today's pillar is Choice.

It sounds simple, but how do we ensure there are choices available to those with differing abilities and backgrounds wishing to participate at our community garden? The first step is just understanding that providing choice is a major step to being inclusive. Following this, being aware of the tools and resources available to assist is vital. Developments in the sporting field have led the way in providing these resources for improving inclusion. One of these is the development of the Inclusion Spectrum, a framework which recognises that the broader a range of choices a group can offer to people with a disability will increase participation and inclusion. We are working to modify the sports based Inclusion Spectrum to suit our requirements as a community garden. Some examples of this include:

Minor modifications...> providing a range of gardening tools for gardeners with different capabilities

Major modifications...> wicking beds fabricated to be mobile that can be moved to appropriate locations for workshops. BCGI has made the

Non gardening roles -- admin/committee roles, choice... How about you?

So how do we provide these choices? As we have mentioned many times, the members of BCGI aren't experts at inclusion. That's why we are and will continue to ask the experts - you. It is with your input that we can deliver these choices. We are committed to listen to all feedback from the community and use this information to provide a garden we can all enjoy.

An example of this will be BCGI's Neighbour day event in June. We will be inviting local community groups to tell us how the garden can be best utilised by the local community. We look forward to also sharing the results of the Inclusion forum held by Carers Old that will help all community gardens and other community groups to become more inclusive.

If you have any suggestions on making the community garden more inclusive or you have seen great examples elsewhere, please let us know so we can spread the word. For more information on "choice", check out the link below:

http://theinclusionclub.com/the-7-pillars-of-inclusion/









Check out this video in the link provided of 6 time Paralympian, Hamish MacDonald on providing choice. Thanks to Jasmin from Carers Qld for assisting with writing this article

CarersOLD Australia

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Reconciliation week 27 May-3rd June Reconciliation week is a time where all people can learn about how we can strengthen relationships between indigenous and non-indigenous Australians . The dates represent the successful 1967 referendum to include first nation people on the census and the 1992 high court ruling known as the Mabo decision (see article to the right).

MBRC has been holding events over the week. Why not check out the event "Poems for reconciliation" held at North Lakes on the 3rd June? See the MBRC website for more information.

> www.moretonbav.gld.gov.au/Events/ Reconciliation-Week



June 3 - Mabo Day

The 3rd of June is Mabo Day. We should all take some time to appreciate the efforts of this great man. Edward (Eddie) Koiki Mabo was the public face of a decade long fight for justice to right the wrong of "Terra Nullius". He tragically passed away just months before the High Court ruling in his favour.

We all have so much to learn from the first nation peoples of Australia. As part of our commitment to providing an inclusive, welcoming garden, BCG1 looks forward to continue working with the local first nation groups as a step towards reconciliation.

June 5th World Environment Day

We are all dependent on a healthy environment for our own health and wellbeing. Community gardens help people to understand this and reconnect with our earth.



ONLY ONE FARTH

For more info, go to www.worldenvironmentday.global

Check out a local community garden Neighbour Day 11/6 - Caboolture **Baptist Church Community Garden** office@caboolturebaptist.org

PHOTO OF THE MONTH The stunning Blue Pea flower taken by Yvonne. This flower is used in Sapphire Gin to give it its distinctive colour. ORT THE BUSINESSES AND GROUPS SUPPORTING US

It has been amazing to see the generous support from many local (and not so local) governments, businesses and community groups that are helping to get this project off the ground.

Wherever possible please support them in return

Services







Cr Mark Booth Div 2

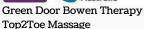


KEV & KEN









Aware Lifestyle

Flamingos Ice Creamery Q Tank

Dracaena Farm Nursery













THIS MONTH'S COVER PHOTO

Now the weather has cooled down, why not have a go at growing mushrooms. There are plenty of options these days from the trusty spent mushroom bag sold by commercial operators to new kits for growing speciality mushrooms such as Oyster, Shitake or Lions Mane. Mushrooms are high in protein and vitamin D. Excellent for winter when we may not get as much sunlight as in the warmer months.



HELPING TO RAISE FUNDS FOR BCGI IS AS EASY AS 1, 2, 3 !



Collect eligible



Take them to your nearest container refund point



Donate the refund to BCGI

PLEASE USE THE ID CODE: C10510815

if you would like to donate your recycling to our fundraising efforts.





June 8th World Oceans Day



World Ocean Day!

more at worldoceanday.org