BEACHMERE COMMUNITY GARDEN INC.

Please pass this newsletter on to anyone who may be interested

29 February 2024

Welcome to the New Year. And what a start it has been to 2024! For many of us it has been a time of loss and destruction. For most of us there have been hot sticky days and nights, rain gauges overflowing, storm and tempest, floods... and in the garden, caterpillars, flurries of white moths, tiny snails in the greens, assorted flies feasting on anything they can land on, and those jolly little grasshoppers chomping away... not to mention the mozzies. Hopefully, as you visit the Community Garden and share your stories about what's afoot in your garden, we can find remedies and strategies for some of the problems arising with dramatic weather patterns.

The Garden is looking wonderful... lush, colourful, fragrant, restful, and welcoming. Some enormous green caterpillars have disappeared before doing too much damage, probably dispatched by the many birds popping in for lunch.

In this issue, we will be looking at the objectives of the Beachmere Community Garden, welcoming new members, and reminding us of National World Wetland Day on the 2nd February and its importance for the future wellbeing of the planet. Members will be at the Beachmere State School garden from the first week in February, having kept up the maintenance throughout the school holidays. We'll have some pictures in the coming issues. The first fund-raising sausage sizzle of the year was held at Bunnings on Australia Day... another success!

We'll discuss soil, the very foundation of plant health, and look back at one of our grand ladies of the garden, the wonderful Mary, with her instinctive, often quirky practices for getting that foundation just right.

And finally, at the height of the downpour, there appeared on our front lawn at home an Australian Water Dragon, who has been living in the shrubbery out the back for many months now. The photo included in this issue is of Godfrey basking on the towel rack on a contemplative morning in the sun. But, as the rain pounded, this blithe chap sprang into life and danced like a mad thing up and down the driveway, at one with the elements. Perhaps he was singing too? May the coming months be kinder to us all. Stay cool and safe!

Enjoy the read.



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BEACHMERE COMMUNITY GARDEN INC.

ATH SUNDAY OF EACH MONTH 3-5PM ALL WELCOME

MAIN STREET BEACHMERE, BEHIND WATER TOWER www.beachmerecommunitygarden.com.au

Please direct all correspondence to our email account beachmerecommunitygarden@outlook.com

The Importance of Soil by Darla

We visited Mary's garden a couple of years ago... that wonderful place of surprise and diversity which was like something out of an old story book. Mary is no longer with us, but I have a little patch of her garden out the back which never fails to mystify and delight me. It is a large pot of what started out as tomatoes and a couple of shallots. As the tomatoes petered out, and the shallots were pulled, before I could think of putting seedlings in for another crop, different plants would appear over time... sorrel, parsley, sweet potato, nasturtiums, climbing spinach, a little turmeric sprout... spontaneous and unpredictable. No additives were needed to this soil... it was alive and healthy. So what was happening to make this soil so special? Mary was a stickler for pouring organic matter back into the garden. In between plants she would drop kitchen scraps straight onto the soil, and cover it with anything handy... clay pots, ice cream containers, bowls weighted down with stones. A polystyrene box from the supermarket which started out as a makeshift compost bin sprouted a paw paw tree that grew to over 10 feet. It made me smile... so Mary! (cont page 2)

Things we need Volunteers Feature pots Fruit trees and herbs Donations!

Important dates

2nd Feb World Wetlands Day

3rd Feb Beachmere District Community Markets (see flier on last page)

25th Feb 'Arvo in the Garden' 3-5pm Onsite All Welcome!

General Meeting Onsite 3pm

29th Feb Last Day of Summer

Garden is now open each Wed 8am-4pm

BCGI acknowledges and pays our respects to the traditional custodians of Country throughout Australia and to elders past, present and emerging.



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The Importance of Soil by Darla cont... Leaf litter from large trees fed the ground, and everywhere in between shrubs, you would find some sort of bean or pea, growing happily over a makeshift trellis, fixing nitrogen and providing flowers for the bees. It may not have been a tidy garden, but gosh, there was an aura of vitality and harmony which was irresistible.

We all experiment with the best possible strategies for making our time in the garden productive, and should never forget the importance of soil. Tackling the sandy soil of Beachmere from scratch is a challenge, but over time, with good advice, acute observation, basic recycling of kitchen scraps, encouraging worms, judicious placing of plants, co-operating with the natural world instead of imposing ourselves on it, long term results will be achieved.

As for the pot out the back, I wonder what will appear after all this rain. Something that likes the heat? Looks like a chilli or capsicum coming through. And an old bit of eggshell!

Does your garden look like this after the 31 holiday break? Instead of seeing weeds needing to be removed, think of them as worm food ready to be converted into fertiliser for next season's plants. That's what has recently occurred at the Bribie Community Nursery garden beds. The weeds have been slashed at ground level(roots left in ground to minimise soil disturbance), chopped and dropped, then covered with paper and sugar cane Classic low effort no dig mulch. gardening that you can easily do too.

Beachmere is surrounded by an array of significant wetlands, home to a myriad of plants **Thank you to everyone who** and animals. Our actions in our gardens have a direct impact on these special places. contributed to the solar GoFundMe page. Reducing chemical use and correctly disposing of plastic waste are practical ways to If you would like to make a donation help maintain these important ecosystems.



We hope you all had a great holiday break, spending time in your own gardens. Throughout the heat, humidity and rain, BCGI members continued to work towards completing the last few major projects. We are not far off having plumbing connected, allowing us to have a kitchen sink and drinking fountain on site.

With more people becoming aware of the community garden,it is a good time to explain some of the legal and administrative requirements necessary for us to run the garden. There is a lot to discuss so we will break this up into future newsletters. While there are no set rules on what a community garden should look like (many factors influence the development of each individual community garden), there are legal and administrative requirements all gardens needs to conform to.

The first major requirement is to become incorporated. This legal identity allows us to lease Council land, apply for grants and obtain public liability insurance, all integral parts of establishing the garden. Being incorporated requires us to have a committee, run regular meetings and submit annual financial records. None of us are fans of the mountains of paperwork this creates, but we can all agree that the effort is worthwhile. Decision making at meetings is based on consensus with the strategic vision and goals determined by the voting members. The committee works to accomplish the goals set by the members. General meeting are held every three months with committee meetings between every 2-4 weeks. Please be patient when waiting for decisions to be made, these things take time! All BCGI members are volunteers, there are no paid positions at the community garden.

There are also health and safety obligation we must meet. A decision that wasn't made lightly by BCGI members, but one that is necessary is not allowing dogs on site. We are all dog lovers but as the garden is set up to be a sensory garden with visitors encouraged to touch, smell and taste plants, our duty of care requires us to make this provision.

If your head is spinning with all the paperwork, don't worry! The good news is you can enjoy the garden without needing to get involved in this side of things. The garden will be open for all people to enjoy, not just members. We will explain this more in the next issue.



"I often eat cakes while my fingers are caked in soil" Monty Don

> towards the solar project, no matter how big or small, please go to the GoFundMe search **"Beachmere** website and **Community Garden**",

> > undme

UNTEERING AT BEACHMERE COMMUNITY GARDE Have you thought about helping out at Beachmere Community Garden? There are many ways to help. Send us an email for more information.

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ACCESSIBLE DRINKING FOUNTAIN

It was great to see James from UrbanFF visit site recently to deliver the garden's new drinking fountain. James proudly explained that the fountain has many accessible design features, including touch activation, wheelchair accessibility and a side tap to fill water bottles. We all agree it looks great too in the bright yellow! Thanks UrbanFF and thank you Gambling Community Benefit Fund.

Our successful grant application allowed us to purchase this worthwhile addition to the community garden.

Our project was nade possible by COMMUNITY BENEFIT FUND



One of the unexpected joys on site is discovering the array of micro climates within the garden now that construction of the arbour, shade sails, container and shade house are completed.

Each of the structures mentioned above interacts with the weather conditions in ways both large and small. The 50% shade cloth sails definitely take the edge off the harsh summer sun. Plants are also loving new nooks and protected corners. The fish mint had been struggling until moved to a protected spot behind a garden seat. Now it is thriving!

It is also amazing to see the local wildlife beginning to call the garden home. Unfortunately, there is a bit of an imbalance between pest and beneficial species at the moment. This will in time balance itself out. We have already seen many spider varieties and baby assassin bugs in the garden. Could the cockatoos please leave some sun flower seeds though!

Check out below some of the amazing plants and animals now calling Beachmere Community Garden home.



Please remember, first thing to do when attending any event at the garden is to sign on. This is extremely important in case of an emergency and is a requirement of our public liability insurance. Cheers!

PLANTING UPDATE

We have a growing range of plants available at our Beachmere District Community Market stall. Why not drop down on Saturday, the 3rd of Feb and check them out? This month we have herbs, hoyas, salvias, native lemon sherbet coleus, native grasses and bush tucker plants including pigface, midyim berry and blue tongue.



If there are any plants you would like us to sell at the markets, please send us an email and we will do our best to grow them for you. We are always looking for food varieties that grow well in Beachmere's conditions. If you have some proven winners in your garden, we would love some seeds.









PHOTOS FROM THE GARDEN – JANUARY 2024







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Collect eligible containers

Take them to your nearest container refund point

Donate the refund to BCGI

PLEASE USE THE ID CODE: C10510815 if you would like to donate your recycling to our fundraising efforts.



PHOTO OF THE MONTH "So busy" by David A bee visiting the lacy flower of Melaleuca thymifolia.

January saw a quiet Arvo in the Garden with many members still away and many of us recovering from the Bunnings sausage sizzle two days earlier. If you have any questions about the garden and are in the area, why not drop in and say hi.



The BCGI team recently donned the aprons for the first Bunnings sausage sizzle of the year. A hot, humid, rainy day couldn't dampen our enthusiasm as just over \$1400 was raised for the garden.

Thanks to all the members who assisted and thank you Bunnings Morayfield for giving us opportunity to host this valuable the fundraising event, we really appreciate it.

SUNNINGS

If you would like to support the community garden through a donation, we would love to talk to you! Please send an email to us outlining your proposal.

SUPPORT THE BUSINESSES AND GROUPS SUPPORTING US

It has been amazing to see the generous support from many local (and not so local) governments, businesses and community groups that are helping to get this project off the ground. Wherever possible please support them in return.



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THIS MONTH'S COVER PHOTO

Remember when we were worried about the impending dry spell due to El Nino. What happened? The recent historic rain events show iust how unpredictable the weather is. This is even more reason to build resilient gardens that can cope with extremes. Local plants have adapted to local conditions and are your best bet to use in your garden. Also, why not be adventurous and try some food plants that love the heat and humidity like Ceylon Spinach, Sweet Leaf and Kang Kong.



MORETON BAY LIBRARIES HOST A RANGE **OF INTERESTING AND INFORMATIVE** WORKSHOPS AND TALKS. MANY RELATED TO GARDENING. CHECK OUT THE CITY OF MORETON BAY WEBSITE TO FIND OUT MORE.

BARGAINS YOU SHOULDN'T MISS AT THE BEACHMERE DISTRICT COMMUNITY MARKET **53 ROGERS STREET BEACHMERE** SATURDAY FEBRUARY 3RD 700am - Midday

